

Bell Rock Tavern Tayport Allergen information and Dietary guide

REVIEWED ON 15.12.2021

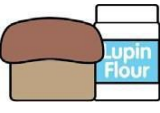
Allergens Note :

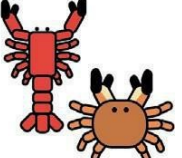

Every dish at Bell Rock is prepared in small kitchens that handle allergens. if you have a food allergy, intolerance or sensitivity, please let your server know every time you visit, before you order.

The manager on duty will personally take and deliver your order, whilst the chef on duty will personally prepare your food as you require. this may mean that your meal may take a little longer than normal to prepare, whilst we take every care to prevent cross-contamination. please note, we cannot guarantee that your dish will be free from allergenic ingredients, as dishes are prepared in areas where these ingredients are present.



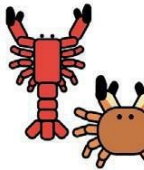
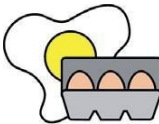
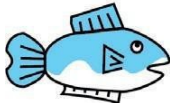
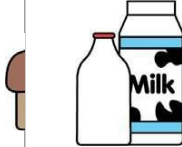





Delivery & Collection Orders : Please note if you have an allergy call us with the order no and speak to the manager on duty as soon as you place the order to ensure we prepare your food as required.

DISHES AND THEIR ALLERGEN CONTENT – [Bellrock Tavern]

DISHES												
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Yoghurt	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds
POPPADOM BASKET & CHUTNEY							✓					
VEGETABLE SAMOSA		✓										
ONION BHAJI												
TANDOORI FLOWERS							✓					
SEV PURI - CHAT BOMBS							✓					
ALOO PAPDI CHAT							✓					
BOMBAY BHEL										✓		
KASHMIRI CHICKEN WINGS							✓					
OKRA FRIES												
PANEER TIKKA							✓					

DISHES												
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Yoghurt	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds
BUTTER CHICKEN							✓			✓		
LAMB SHANK							✓					
SEABASS MAPAS					✓							
PANEER BUTTER MASALA							✓			✓		
HANDI CHICKEN							✓			✓		
CHICKEN KORMA							✓			✓		
CHICKEN JALFREZI							✓					
MURG XACUTI							✓					

DISHES												
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Yoghurt	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds
KHEEMA NAAN		✓		✓			✓					
CHEESE NAAN		✓		✓			✓					
BASMATI RICE												
PILAV RICE												
MUSHROOM RICE												
RAITA							✓					
KACHUMBER												
GREEK YOGHURT							✓					

DISHES											
	Cele ry	Cereals containing gluten	Crustace an s	Eggs	Fish	L Milk / uYoghurt pi n	Molluscs	Must ard	Nuts	Peanuts	Sesame seeds
MANGO CHUTNEY											
MIXED PICKLE											
TAMARIND CHUTNEY											
MINT CHUTNEY						✓					
ICE CREAM						✓					
KULFI						✓			✓		
GAJAR HALWA						✓			✓		
GULAB JAMUN		✓				✓			✓		
BROWNIE		✓		✓		✓			✓		